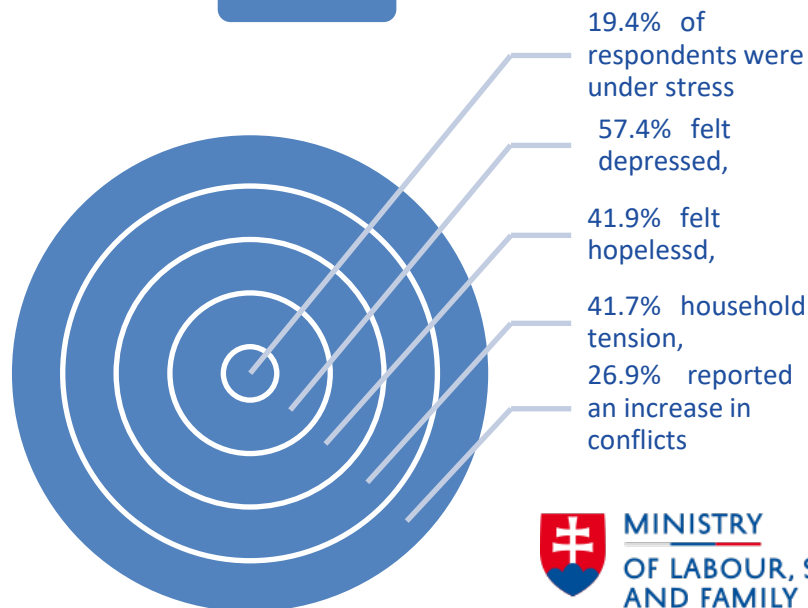


Family counseling center

BACKGROUND / DATA (2020-2022)



BACKGROUND / DATA (2020-2022)

Decreased stability and functionality of families, instability in family relationships

Intensified parental conflicts during and after divorce

Increasing number of children with behavioral disorders and addictions

Rising domestic violence

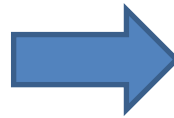
Growing number of older people with anxiety, stress and loneliness

Growing number of seniors and the associated demands on their working relatives (children)

Weak prevention program

Absence of relevant and affordable counseling network

Slovakia is facing numerous complex challenges in the areas of mental health care, accessibility of professional services for caregivers of individuals with disabilities, elderly people, those at risk of poverty, low financial literacy, etc. We have insufficient access to support services, lack of coordinated and targeted prevention programs.



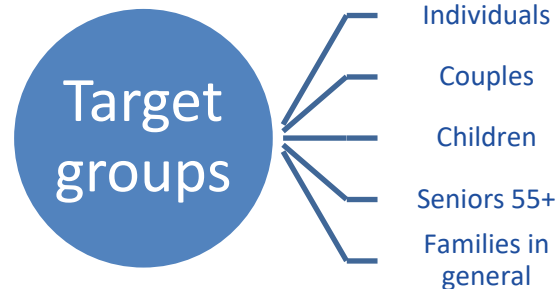
The Ministry of Labor, Social Affairs and Family was trying to gather all possible information and data and came up with a project aimed at providing FREE COUNSELING to individuals in resolving family, marital, and interpersonal problems and strength mental health of children, adults and elderly people.



MINISTRY
OF LABOUR, SOCIAL AFFAIRS
AND FAMILY
OF THE SLOVAK REPUBLIC

FAMILY COUNSELING CENTER

GOAL OF THE PROJECT		
<p>IMPROVE family relationships, manage conflicts</p>	<p>PROVIDE sufficient, professional, psychological, social, and legal support and guidance to families, individuals</p>	<p>STRENGTH/ SUPPORT/PREVENTION mental and emotional health</p>



TYPE OF SERVICES	Psychological	<ul style="list-style-type: none"> • Psychological support • Family/ Children therapy • Personal counseling • Support to families with disable member
	Social	<ul style="list-style-type: none"> • Available social benefits • Help with employment • Improve living conditions • Cope with crisis situation
	Legal/Economical	<ul style="list-style-type: none"> • Legal support – pre divorce situation, divorce • Marital property • Debt problems • Problems with family finances

WHAT IS BEING DONE

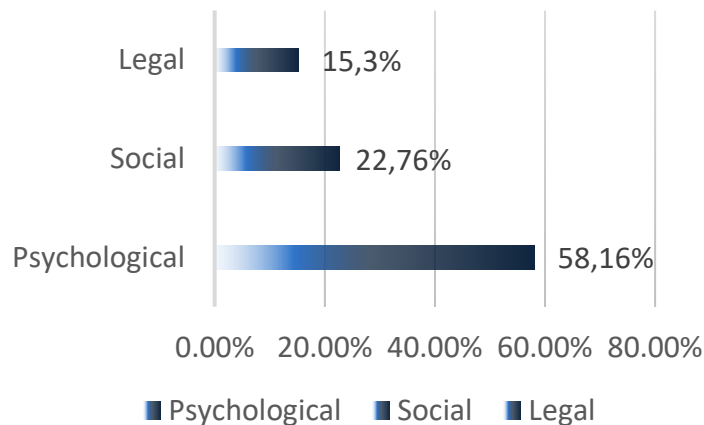
FAMILY COUNSELING CENTER- PILOT



In 2022 pilot family counseling centers were selected in 5 cities based on specific demographic and social characteristics/ indicators such as: low education, income, unemployment, divorce rate.

Each FCC has a team of psychologists, social workers, lawyers and other consultants.

Data from most used services 2022-2023



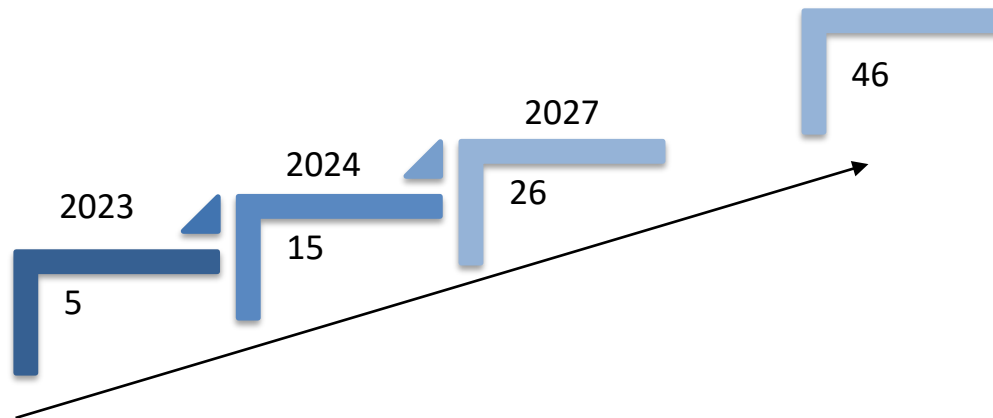
2022-2023

- 1669 clients
- 6771 consultation

2024

- 508 clients
- 1676 consultation

NEXT STEPS



Our next goal is to open and expand the network which will cover whole Slovakia, so we are talking about 46 Family counseling centers.

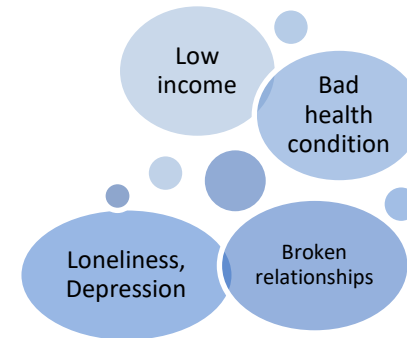
The challenges we are facing is to find and attract more dedicated specialists and their retention.

The plan is to employed 123 psychologists and 146 other specialists / social workers, prevention specialists, regional coordinators, lawyers, back office etc./

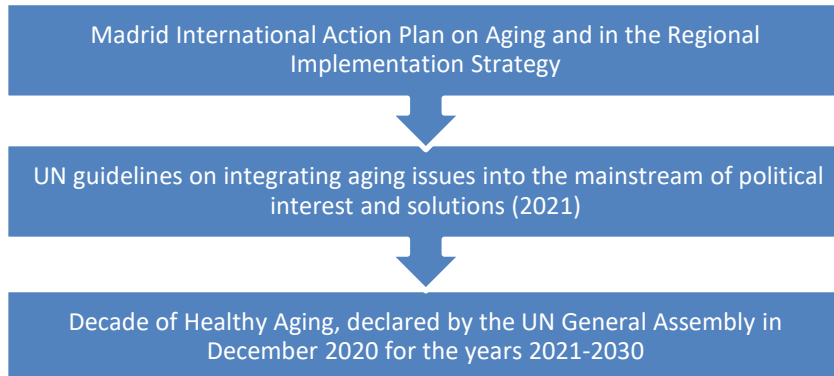
We also need to work more on publicity, various prevention work, training and further education of professionals.

MENTAL HEALTH OF ELDERLY PEOPLE

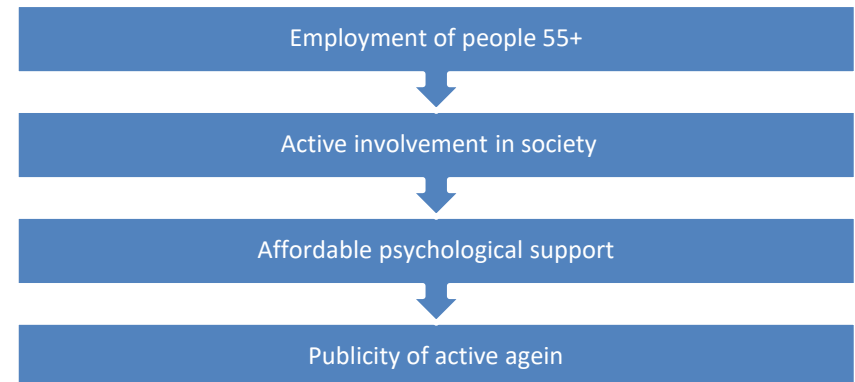
We observe a 50% increase of clients in each of the current FCC, mostly among those in productive age and a 15% increase in consultation for people 55+.



International level



National strategy of ageing



Thank you
for your attention.