

Design Considerations, etc. for Sleeping Berths in Trucks [Summary]

Summary

- As part of the review of the working environment in Japan, labor-related laws and regulations have been amended **as a special exception for trucks driven by two drivers**, so that, from April 2024 onwards, binding hours for truck drivers may be extended when they **rest in sleeping berths in turn in the vehicle**.
- To ensure the safety of sleeping berths in trucks, **the Design Considerations, etc. for Sleeping Berths Used While the Vehicle Is Running** were established **to clarify the distinction between those used while the vehicle is running and those only used while the vehicle is parked**.

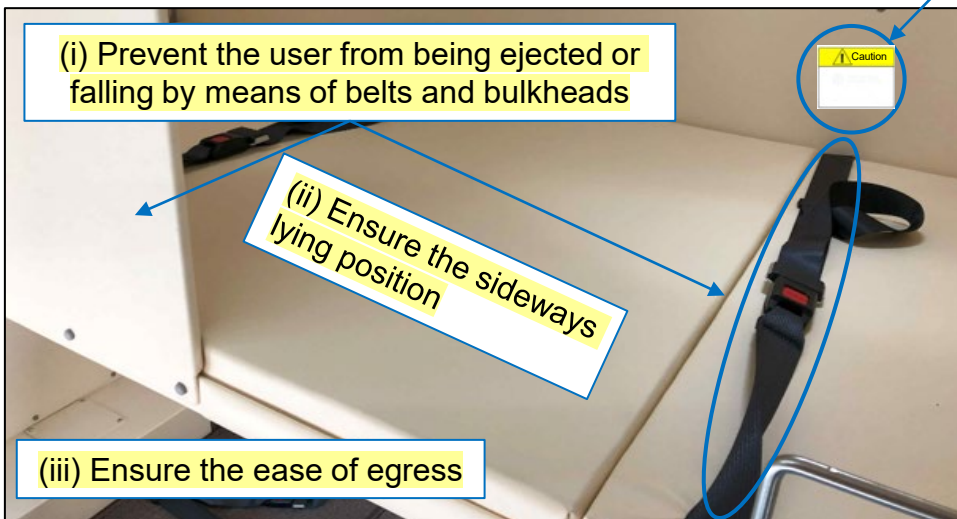
Considerations to be given and notification to users (Summary)

(i) Prevent the user from being ejected or falling by means of belts and bulkheads

(ii) Ensure the sideways lying position

(iii) Ensure the ease of egress

(iv) Clarify the conditions of use, etc.



Sleeping berths used while running

Measures must be taken to address the design considerations ((i) - (iv) in the above figure).

Sleeping berths only used while parked

To warn occupants not to use them while running, there must be a caution sign near the berth or in the instruction manual.

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