

[THE PEP Relay Race Workshop]

International Training Seminar:

"Development of non-motorized modes of transport as an alternative to the use of personal vehicles. The possibilities of adaptation of foreign experience in the Russian Federation: problems and ways of their solution"

30-31 May 2016

Petrozavodsk City 29 May 2016 - All-Russian Bicycle Parade

Petrozavodsk City

Time	Event
11:00 - 15:00	<p>Before the Bicycle Parade cyclists and pedestrians could register and visit the different areas organized by the partners: recreation area, entertainment and play areas, sports grounds, Bicycle repair shop and Bicycle mini-fair.</p> <p>From 13:00 to 14:00-7 km Bicycle Parade through the main streets of the city. Flash mob will be the culmination of the event.</p> <p>Those who intend to participate in the Parade please put on yellow shirt.</p>

30 May 2016

Time	Event
09.00-10.00	Registration
10.00-13.00	<p>Session 1. Benefits of non-motorized modes of transport as an alternative to the use of private vehicles in cities</p> <p><i>During this Session the following issues will be considered:</i></p> <ul style="list-style-type: none"> - Introduce THE PEP, its goals and the relay race - Environmental and health burden of motorized transportation today and potential for non-motorized mobility in (Russian) cities - Benefits of non-motorized modes of transportation for transport, health, environment and economy (reduction of congestion, health and environmental effects, economic effects, including on employment etc).. - The spheres and possibilities of non-motorized transport use. Different kinds of non-motorized means of transportation.. - Development and future of electromobility (electric bicycles, Segways, electric scooters and so on) and infrastructure needs.
13.00-14.00	Lunch
14.00-16.30	<p>Session 2. The development of non-motorized modes of transport as an essential element of transport policy at international, national and local levels</p> <p><i>During this Session the following issues will be considered:</i></p> <ul style="list-style-type: none"> - Raising awareness of non-motorized modes of transport as an essential element of transport policy - Non-motorized modes of transport as an independent kind of transport. The need for its integration in multimodal transport

	<p>chains (networks).</p> <ul style="list-style-type: none"> - National programs (plans) for development of cycling. - Place non-motorized modes of transport in national, regional and local transport policy. Examples. - Cycling and walking safety ensuring. Examples. - Linking up to international policies and commitments (Pan-European Masterplan for Cycling Promotion) - Linking to the SDGs and the Paris Accord (COP21).
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31 May 2016

Time	Event
10.00-13.00	<p><u>Session 3. Modern methods of organization of non-motorized movement</u></p> <p><i>During this Session the following issues will be considered:</i></p> <ul style="list-style-type: none"> - Infrastructure for cycling and walking in cities. Bicycle lanes and parking facilities. The interaction of public passenger transport and cycling. Examples. - Design of cyclists and pedestrian traffic network in cities. General principles. Modern methods and means of traffic management and control (walking, cycling). The pedestrian areas. Areas for mixed traffic. "Calming zones". Examples of design solutions. - Development of freight transportation by cycles. - Cycling tourism. - Specifics of cycling in adverse weather and climate conditions including winter conditions.
13.00-14.00	Lunch
14.00-16.00	Business game (practical exercises) (will be discussed)
16.00-17.00	Discussion of the Seminar Recommendations
17.00-17.30	Presenting Diplomas