



My City Kraków

- Kraków is the second largest and one of the oldest cities in Poland
- European Capital of Culture
- UNESCO's City of Literature
- Twenty-four institutions of higher education offer courses in the city, with more than 200,000 students





 Kraków has a population of more than 800,000 citizens

 About 25% of citizens of the city are aged 65+



Challenges

- Citizens of the city aged 65+ have to be seen as a source of wisdom, experience, having emotional suport, and time which could be offered to others
- Which ones and how to create such spaces for using this potential?
- How to contribute to well-being of older citizens?



🎇 Kraków

- Create positive image of older persons (no excuse for ageism)
- Fostering regular collaboration between generations
- Supporting further development of older persons in various dimensions
- Taking care of dependent persons





Activation, Integration and Participation – city's Program called PASIOS













Ways to be active.....

 54 Centers of Older Persons' Activity are located in Krakow, 3 in each district of the City

 They are financed from the city's budget, and the NGOs manage them

 They are coordinated by city's officials, Kraków Older Persons City Council and the Plenipotentiary

City's network of Centers of Older Persons' Activity and other relevant institutions



Participation of Older Persons in the city's policy making

Since 2015, the City's Council of Older Persons consists of
 25 democratically elected citizens aged above 60



 It is engaged in advising and consulting projects submitted by the City Mayor as well suggesting their own.

Kraków's
Council of Older
Persons

There are a lot of various solutions which aim to make Kraków an age-friendly sustainable city....



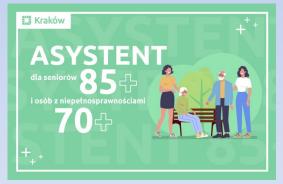












BUT.... still it is not enough. In the domain of housing we need a lot of changes.....





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Thank you for your attention!

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