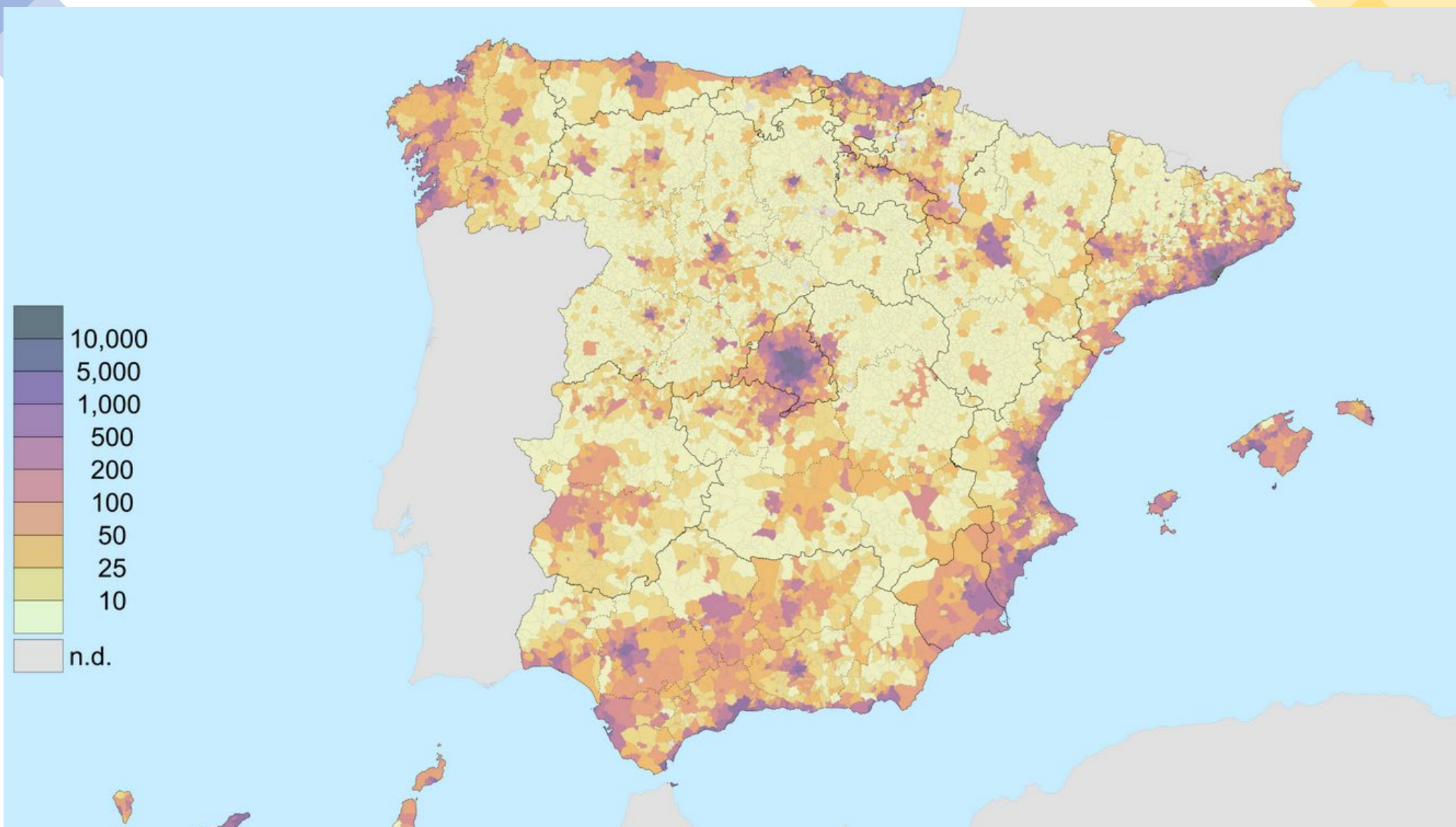# The Spanish Network of Age-Friendly Cities and Communities. Inclusive environments for a sustainable society

**Sara Ulla-Díez, PhD**

Coordinator of Studies and Technical Support

Institute for the Older People and Social Services (Imserso)
Spain

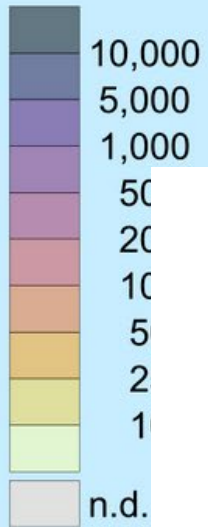**Towards age-friendly sustainable cities and communities
Side Event: 28 march 2023**

**47.615.034**

24.3M. women

23.3M. men

- **Life expectancy: 82.4**

- **65+: 9.6 Million, 20.08% (in 1960, 8,2%)**

- **Mean age 44.08 years (in 1970, 32.7 years)**

Legend:
10,000
5,000
1,000
50
20
10
5
2
1
n.d.

# Municipalities

8.131

**4.986** have less than **1.000** people

**Las ciudades más pobladas (01/01/2022)**

**Madrid**
3.280.782

**Barcelona**
1.636.193
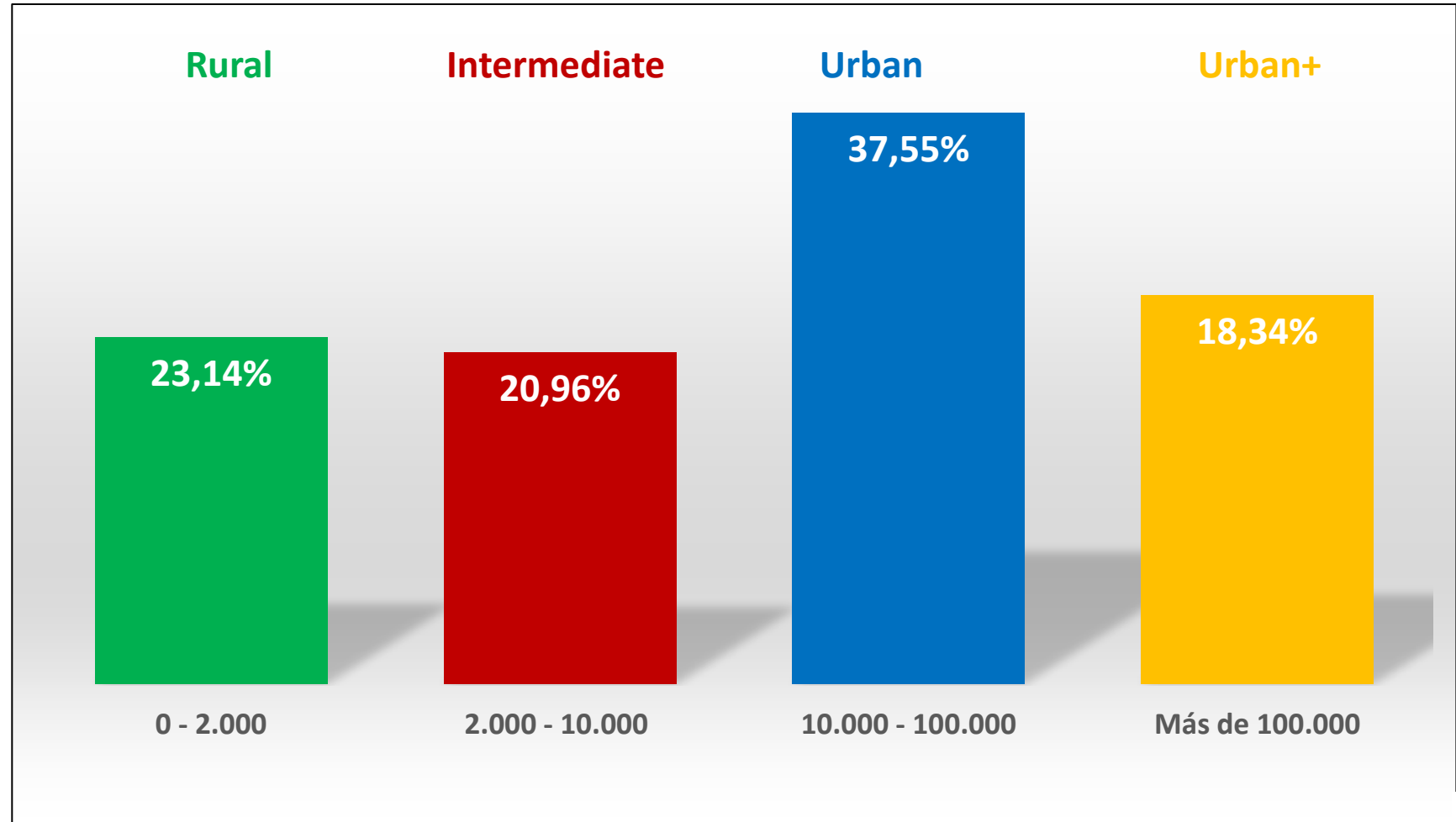
**Valencia**
792.492

**Sevilla**
681.998

**Zaragoza**
673.010

# Spanish network today

241 cities and communities

More than 18 million people living in them

| Rural | Intermediate | Urban | Urban+ |
|-------|--------------|-------|--------|
| 23,14% | 20,96% | 37,55% | 18,34% |
| 0 - 2.000 | 2.000 - 10.000 | 10.000 - 100.000 | Más de 100.000 |

11 SUSTAINABLE AND COMMUNIT[IES]

IMSERSO

Coslada-Learning as service

Manresa.
Art k'suma
<35 & >65

ciudades amigables con las personas mayores

**17 PARTNERSHIPS FOR THE GOALS**

**Weaving the network**

**Citizens-Admin.**

**Inside the city, between citizens**

IMSERSO

Show and share experiences and provide space to learn from each other, resolve doubts, and facilitate debate

Facilitate contact and generate mutual support "sub-networks" between municipalities, which facilitates sharing resources (materials, tools, reports…) and learning

Improve the quality of the projects and actions: annual meetings, guides and tools, meta-synthesis of diagnoses (>100) and plans (>60)

RED MAYORES
Somos barrio.
Hacemos barrio.

Pamplona te cuida    Ayuntamiento de Pamplona | Iruñeko Udala

**BILBAO - EQUIPO MOTOR**

The Core Team is made up of older people from Bilbao who decides to become actively involved in the programme, "make it theirs" and commit to promoting it, in direct and close collaboration with the city council.

IMSERSO

ciudades amigables
con las personas mayores

# Thank you

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