

Examples of specialized experience programs / in Japan

- Theme of EPs wellness field
- Name of business: "Longevity Health Dock" 3 nights 4 days course
- Purpose: Aim for good health and create a health standard that suits you
- Definition of health:

In order to sustain life, it is important that 60 trillion cells in the body cooperate with each other to smoothly digest, absorb, immunize, and metabolize.

This condition is called "health".

And in order to maintain this condition, it is important to keep clean blood at all times.

Because this blood circulates throughout the body.

- Operating company:
This company specializing in wellness EPs is affiliated with local accommodation and wellness human resources .
- Business start: June 2021 First trial / September start



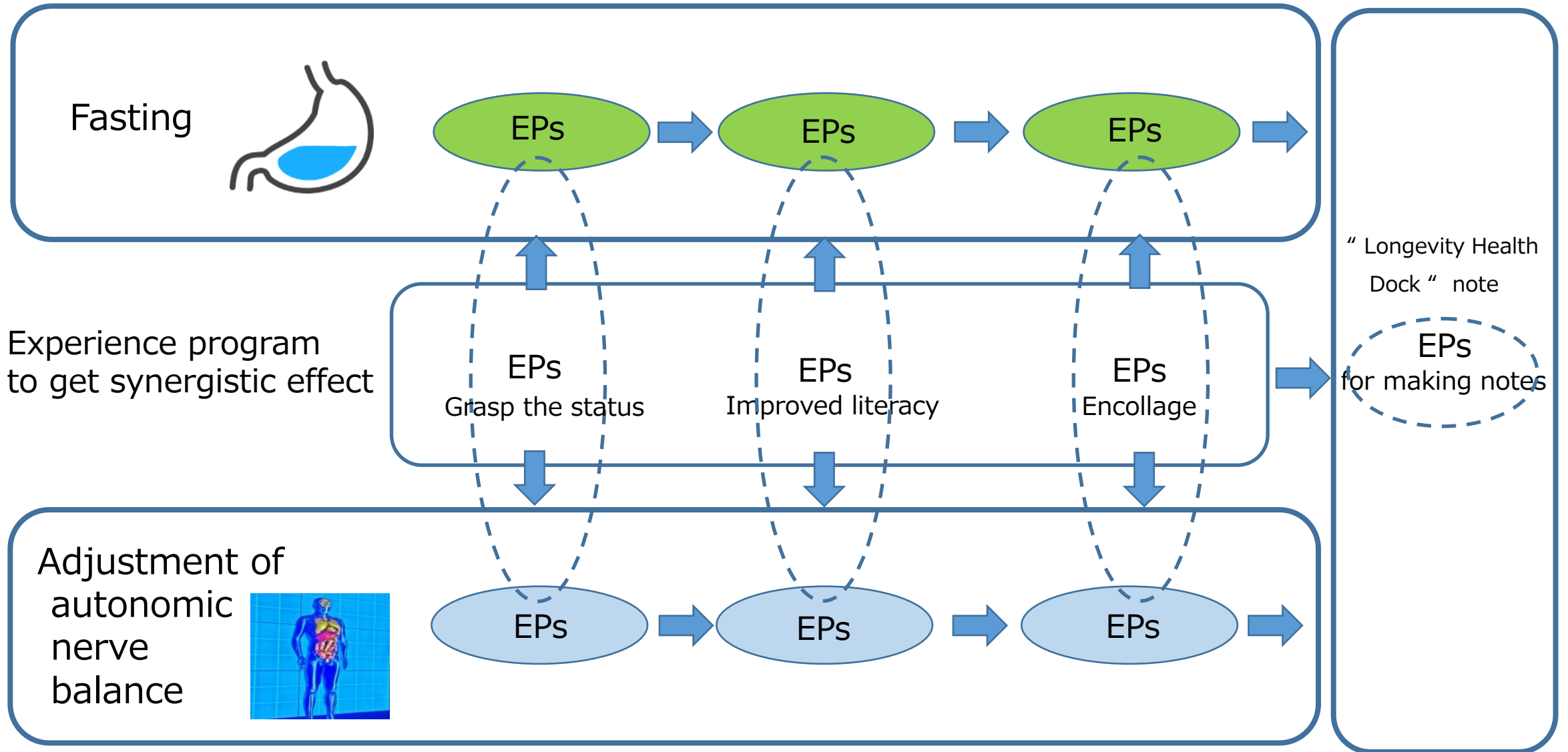
About "Longevity Health Dock"

4 days in a natural environment

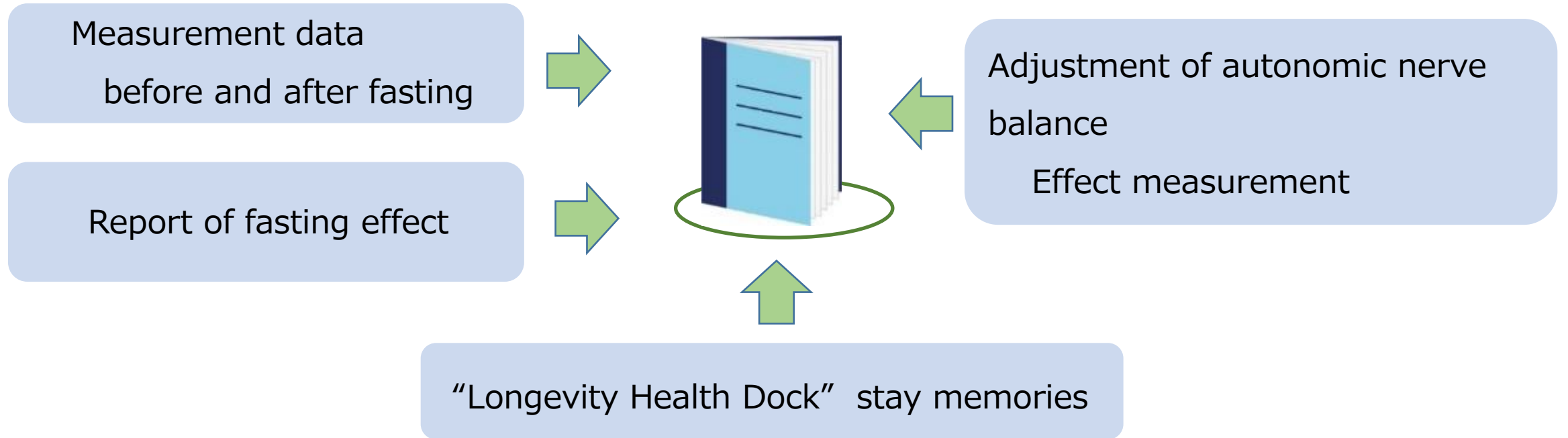
- **Fasting with enzyme drink**
- **Adjustment of autonomic nerve balance**

With the support of a professional instructor

Structure of many experience programs



Providing individual "Longevity Health Dock" notes



Expectations for SIT (Special Interest Tourism) aiming for health

