





UNITED NATIONS ECONOMIC COMMISSION FOR EUROPE

Preparation of national reports for the fourth review and appraisal cycle of the implementation of the Madrid International Plan of Action on Ageing and its Regional Implementation Strategy (MIPAA/RIS) 2018 - 2022

### Guidelines for National Reports

September 2020  
Adopted by the Bureau of the Standing Working Group on Ageing

#### Guidelines for National Reports on MIPAA/RIS

- 2.1. **How were older people affected by Covid-19 in your country?** Was there a higher share of hospitalisation and rate of deaths among older people in 2020 than for population in general and in relation to previous long-term observations?
- 2.2. **What has been done to ensure that difficult health-care decisions affecting older people are guided by a commitment to dignity and the right to health?** Please reflect on the recommendations of the Secretary-General's Policy Brief, when applicable, and briefly describe the main challenges and 3 - 5 good practices.
- 2.3. **What has been done to strengthen social inclusion and solidarity during physical distancing?** Please reflect on the recommendations of the Secretary-General's Policy Brief, when applicable, and briefly describe the main challenges and 3 - 5 good practices.
- 2.4. **What has been done to fully integrate a focus on older persons into the socio-economic and humanitarian response to COVID-19?** Please reflect on the recommendations of the Secretary-General's Policy Brief, when applicable, and briefly describe the main challenges and 3 - 5 good practices.
- 2.5. **What has been done to expand participation by older persons, share good practices and harness knowledge and data?** Please reflect on the recommendations of the Secretary-General's Policy Brief, when applicable, and briefly describe the main challenges and 3 - 5 good practices.

### 3. Activities in preparation and implementation of the WHO Decade of Healthy Ageing 2020 - 2030

In August 2020, the 73rd World Health Assembly have endorsed the proposal for a [Decade of Healthy Ageing \(2020-2030\)](#).<sup>14</sup> The World Health Assembly asked the WHO Director-General to transmit this decision to the Secretary-General of the United Nations for consideration of the proposal for the Decade by the United Nations General Assembly.

- 3.1. Is your country preparing (or already has) a **National Action Plan** (or similar) for the implementation of the WHO Decade of Healthy Ageing 2020 - 2030? If yes, please briefly describe main actions foreseen.
- 3.2. Would your country agree to report on the implementation of the WHO Decade of Healthy Ageing 2020 - 2030 in the framework of the next national reviews and appraisals of MIPAA/RIS?

<sup>14</sup> The Decade proposal document is available on <https://www.who.int/ageing/decade-of-healthy-ageing>



Decade  
of healthy  
ageing



Working together to improve the lives of older people, their families and communities



SUSTAINABLE  
DEVELOPMENT

GOALS



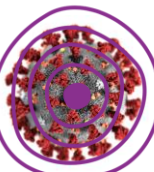
# The plan for the Decade

## Action Areas

1. **Changing how we think, feel and act towards age and ageing**
2. Ensure that communities foster the abilities of older people
3. Deliver integrated care and primary health services responsive to older people
4. Provide access to long-term care for older people who need it

## Partnering for change “enablers”

- Voice and engagement of older people, families, communities
- Nurturing leadership and capacity building
- Connecting stakeholders
- Data, research and innovation



# Understanding and measuring success together:

The framework for tracking progress throughout the Decade of Healthy Ageing draws on:

## Existing Indicators e.g.

- WHO Global strategy and action plan on ageing and health  
<https://www.who.int/ageing/commit-action/measuring-progress/en/>
- SDG indicators - disaggregating data by age

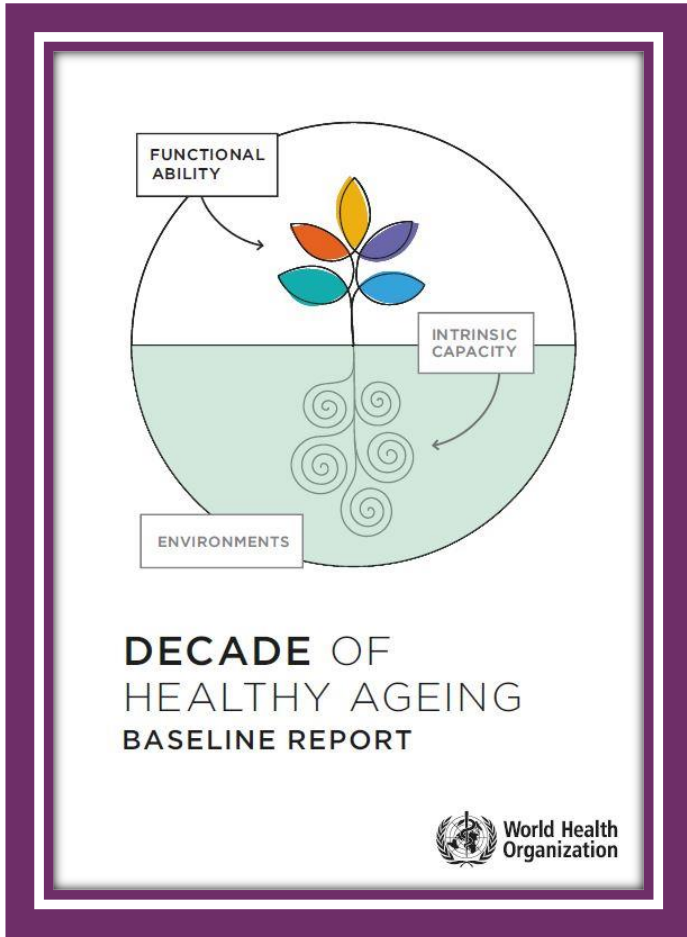
Needs to **align with the way countries monitor and evaluate their national policies and strategies on ageing** for example

- the reporting cycle of the Madrid International Plan of Action on Ageing and
- voluntary national reviews on progress in achieving the Sustainable Development Goals.

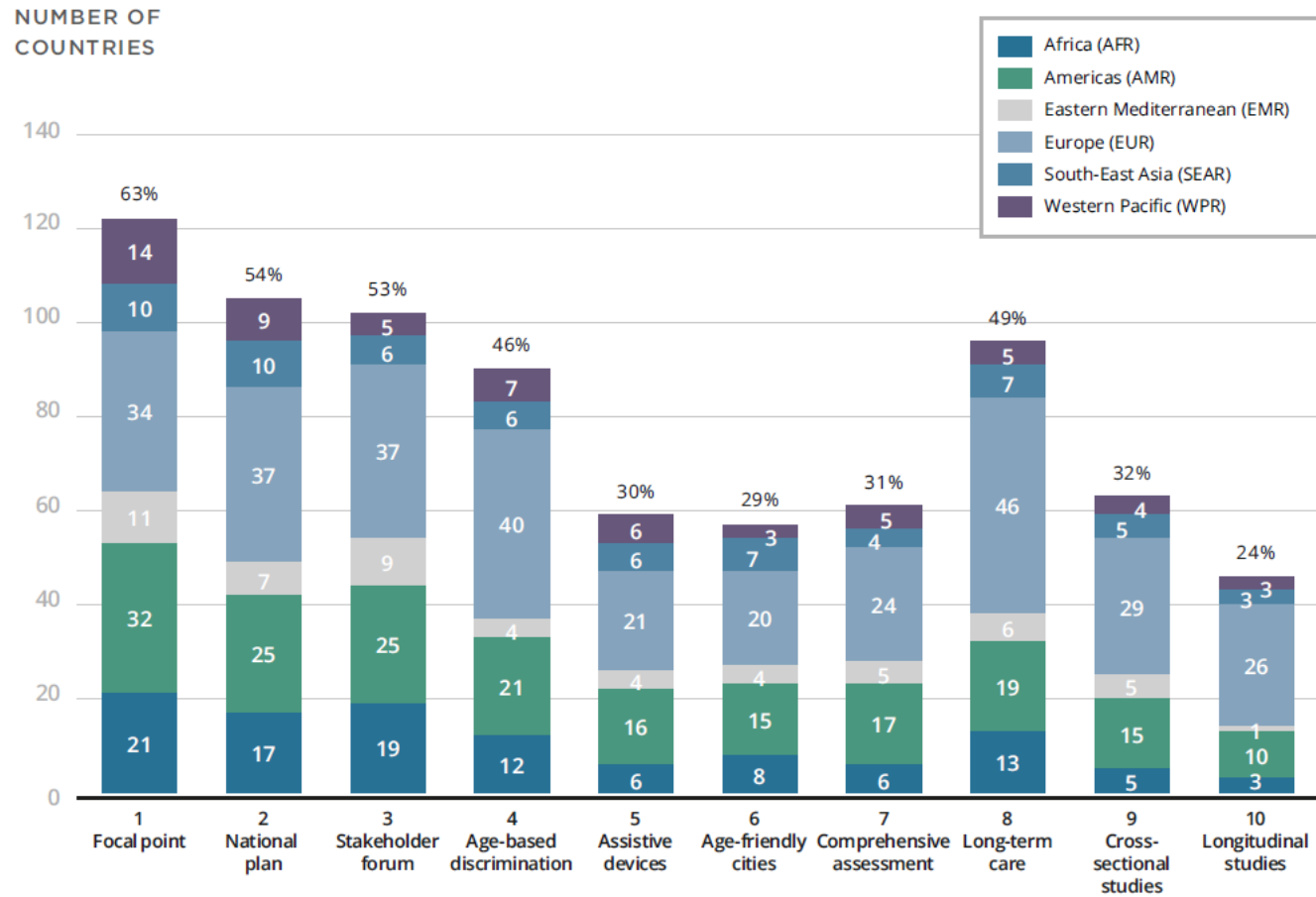
**Goes beyond numbers .... and recognizes the importance of citizen voice**

**Reporting every three years to WHA and UNGA (2023, 2026, 2029)**







## Number of countries responding “yes” to each indicator region and percentage of 194 Member States, 2020



# MIPAA Reporting: Decade of healthy ageing (SDG, Decade action areas, Lisbon and MIPAA)

Goal	Implications for healthy ageing	UN Decade Action areas (progress indicators)	Example of SDG indicators	Lisbon Ministerial Declaration Goals	UNECE Regional Implementation Strategy for the Madrid International Plan of Action on Ageing 2002
 <p>1 NO POVERTY</p>	Preventing older people from falling into poverty will be critical. This will require flexible retirement policies, tax-funded minimum pensions, social security and access to health and long-term care services.	<p>1. Changing how we think, feel and act towards age and ageing <i>Progress Indicator:</i> Legislation and enforcement against age-based discrimination and <i>see Vania's presentation and the Mapping PDF</i></p> <p>2. Ensure that communities foster the abilities of older people <i>Progress Indicator:</i> programme to foster age-friendly cities and communities</p>	<p>1.3.1: Proportion of population covered by social protection “floors” or systems, by sex, distinguishing children, unemployed people, older people, people with disabilities, pregnant women, newborns, people with work injuries, the poor and the vulnerable</p> <p>1.4.1: Proportion of population living in households with access to basic services, distinguishing older people</p> <p>1.4.2 Proportion of total adult population with secure tenure rights to land, legally recognized documentation and who perceive their right to land as secure, by sex and type of tenure, also distinguishing older people</p>	<p><b>Goal I:</b> Para 13 <b>Goal II:</b> Paras 21 and 24</p>	<b>Commitment 4</b> to adjust social protection systems in response to demographic changes and their social and economic consequences
 <p>3 GOOD HEALTH AND WELL-BEING</p>	Healthy ageing means that older people contribute to society longer, with opportunities for good health at all stages of life, universal health coverage and integrated, people-centred, transforming health and social systems rather than systems based only on disease.	<p>1. Changing how we think, feel and act towards age and ageing</p> <p>3. Deliver integrated care and primary health services responsive to older people</p> <p>4. Providing access to long-term care for older people who need it</p> <p><i>Progress Indicators:</i></p> <ul style="list-style-type: none"> <li>• Policy, strategy or plan aligned to healthy ageing</li> <li>• Cross-sectional data on health status and needs</li> <li>• Longitudinal data on health trajectories</li> </ul>	<p>3.4.1: Mortality from cardiovascular disease, cancer, diabetes or chronic respiratory disease, including adults aged <math>\geq 70</math> years</p> <p>3.4.2: Mortality rate from suicide, by age and sex across the life-course</p> <p>3.8.2: Proportion of population with a large share of household expenditure or income on health, also distinguishing households with older people</p>	<p><b>Goal I:</b> Paras 12 and 18. <b>Goal III:</b> Paras 28, 29, 31 and 32</p>	<b>Commitment 7</b> to strive to ensure quality of life at all ages and maintain independent living including health and well-being

# MIPAA reporting (Guidance): Planning for the Decade

- Do you have a national plan to implement the Decade.
  - If yes, please attach.
  - If no, please describe any intention your country has to develop a national plan for the Decade before 2023.
- Please indicate if you agree that we can use your report on MIPAA to Report on the DEca







The [Decade of Healthy Ageing \(2020-2030\)](#), endorsed by the World Health Assembly in August 2020, seeks to improve the lives of older people, their families and communities through collective action in four areas: changing how we think, feel and act towards age and ageism; developing communities in ways that foster the abilities of older people; delivering person-centered integrated care and primary health services responsive to older people; and providing older people who need it with access to quality long-term care.

The WHO Ageing Data Portal brings together data on available global indicators relevant to monitoring the health and well-being of people aged 60 years and over. Through maps, charts and tables, the portal offers tailored options for visualization and analysis of the data. This information will strengthen the visibility of older people, help inform action to improve health and well-being in countries in line with global, regional and national commitments.

*Photo credit: WHO/Yoshi Shimizu*



**Decade  
of healthy  
ageing**

The Decade of Healthy Ageing (2020-2030) is an opportunity to bring together governments, civil society, international agencies, professionals, academia, the media, and the private sector for ten years of concerted, catalytic and collaborative action to improve the lives of older people, their families, and the communities in which they live.



Demographics



Mortality/causes of death



Morbidity



Risk factors



Healthy life expectancy



Healthy ageing



National commitments



Age-friendly cities and communities



Ageism



ICOPE Integrated care for older people



Long term care for older people



Decade  
of healthy  
ageing

# The Platform

Share your knowledge

HOME

ABOUT

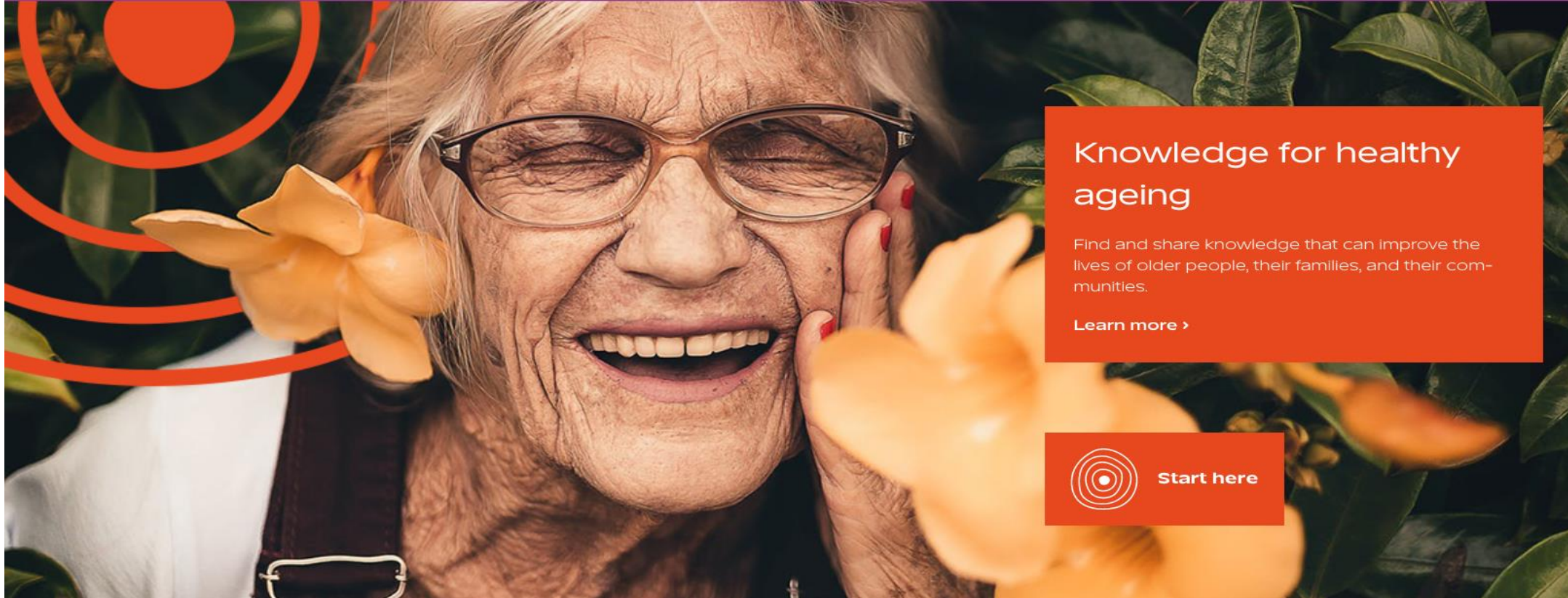
FIND KNOWLEDGE ▾

SUBMIT

LOGOUT

EN

SEARCH



## Knowledge for healthy ageing

Find and share knowledge that can improve the lives of older people, their families, and their communities.

[Learn more >](#)



Start here

<https://www.decadeofhealthyageing.org/>

# Thank you



<https://www.who.int/ageing/decade-of-healthy-ageing>

Email Decade [hello@decadeofhealthyageing.org](mailto:hello@decadeofhealthyageing.org)