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Office

# Agile Learning & Development – Response to COVID19

Presented by:

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# Content – Agile Learning & Development



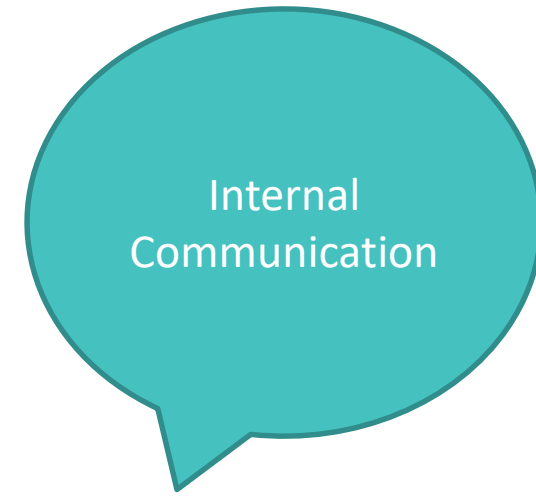
The secret of change is  
to focus

all your energy

not on fighting the old,  
but on building the new.

— Martin Luther King Jr.











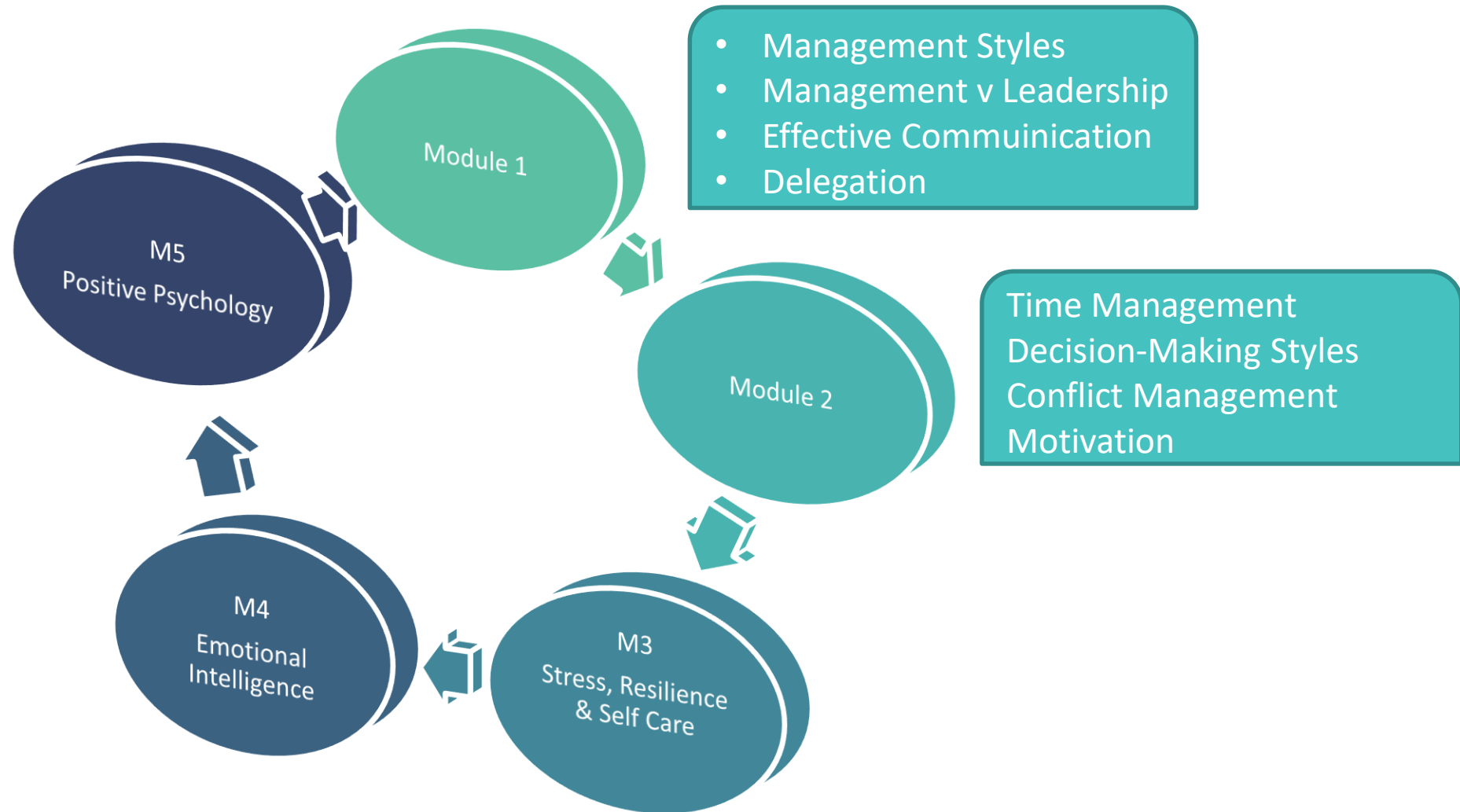
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# Management Development Programme (Manager & Staff Supports)



# Management Development Programme





# Stress, Resilience & Selfcare – Module 3

- Key theories of stress
- Causes and outcomes of stress
- Workplace Stress (Home Office)
- Develop their resilience
- Identification of core competencies related to managing self and employee's stress
- Development of a Personal Stress Management Plan



# Emotional Intelligence – Module 4

*In short, Emotional Intelligence refers to the ability to identify and manage your own emotions, as well as the emotions of those around you.*

This is done through:

- Self-Awareness
- Self-Regulation
- Social Skills
- Motivation
- Empathy



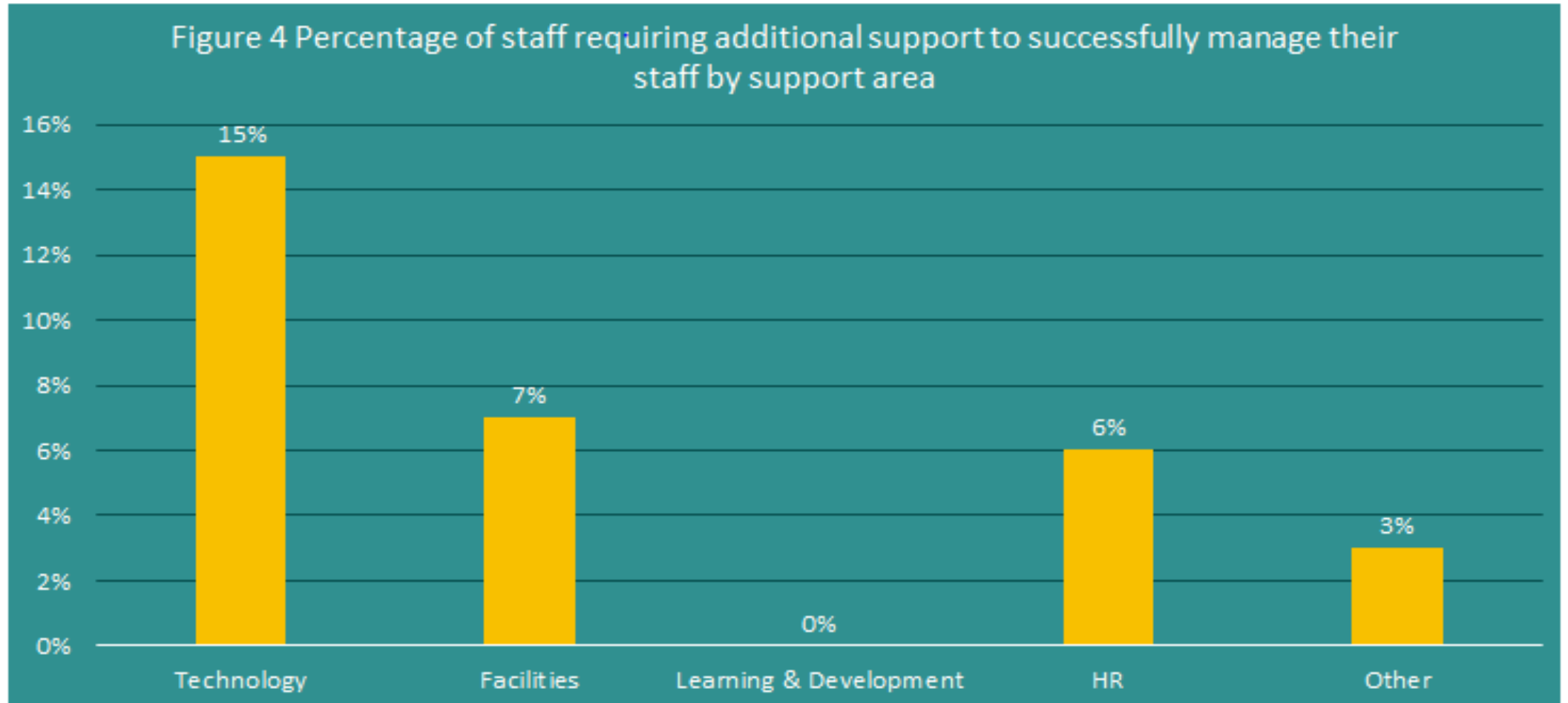
# Positive Psychology – Module 5

*Has been defined as the study of the strengths and virtues that enable individuals, communities, and organisations to thrive.*

- Understand the importance of focusing on strengths over weakness
- Recognise and utilise their own strengths
- Increase personal goal pathways



## Additional support required



INTERMEDIATE STAFF SURVEY



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# Now & Future?

**The Training &  
Development Field is  
evolving. Adaptation is  
vital for survival**

# Agile Learning & Development

## Regular Updates - Communications

- Organisational Briefings
- COVID19 Safety Guidelines
- Wellbeing Supports
- Manager & Staff Guide to Remote Working
- SMART Start Year One Programme
- Toolkits/Guides

## New Normal

- Coaching/Mentoring/Buddy Programme
- Executive Leadership Programme
- Management Development Programme
- Virtual Training – all
- Online Training - focus
- LMS – Go to.....





