



MASHAV - Israel's Agency for International Development Cooperation
Ministry of Foreign Affairs, Jerusalem
The Golda Meir Mount Carmel International Training Center (MCTC)

International Workshop on:
Community Services for the Elderly
February 20th- March 3rd, 2011

in cooperation with
United Nations Economic Commission of Europe (UNECE)
Population Unit

P R E L I M I N A R Y P R O G R A M

The Golda Meir Mount Carmel International Training Center (MCTC)
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WORKSHOP STAFF / COORDINATORS

Ms. Stefanie Bluth Population Unit, United Nations Economic Commission of Europe (UNECE)

Ms. Hava Karrie Deputy Director of MCTC

Ms. Ayellet Packin Workshop Coordinator, MCTC

Ms. Bracha Steiner Social and Cultural Coordinator, MCTC

Ms. Yifat Reuveni MASHAV Coordinator, Ministry of Foreign Affairs, Jerusalem

Ms. Neomy Deutsch Workshop Secretary, MCTC

DAILY SCHEDULE

Lectures and Discussions

| | |
|-------------------------|---------------|
| 1 st Session | 08:30 - 10:00 |
| 2 nd Session | 10:30 - 12:00 |
| 3 rd Session | 13:30 - 15:00 |
| 4 th Session | 15:30 - 17:00 |

MEALS

Breakfast

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|-------------------|---------------|
| Monday to Friday | 07:30 - 08:00 |
| Saturday & Sunday | 08:00 - 09:00 |

Snack

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| The whole week | 10:00 15:00 |
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Lunch

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| Monday to Saturday | 12:30 |
| Sunday | 13:00 |

Dinner

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|------------------|-----------------------|
| Sunday to Friday | 19:00 |
| Saturday | at a local restaurant |

- * The schedule is subject to change in accordance with requirements of observation visits, tours and unscheduled lectures.
- * Bring comfortable walking shoes and appropriate dress with you for entering the religious sites.

IMPORTANT INFORMATION

- ❖ **THE SABBATH – The day of rest, starts on Friday in the early afternoon and continues throughout Saturday. Offices and shops are closed, there is hardly any public transport until Saturday evening.**
- ❖ **SUNDAY IS A NORMAL WORKING DAY.**

SATURDAY, FEBRUARY 19TH

Arrival and Registration

SUNDAY, FEBRUARY 20TH

- 8:30 **Welcome Remarks**
Ms. Mazal Renford, MCTC Director
- 9:15 **Introduction to MASHAV and The Golda Meir Mount Carmel
International Training Center (MCTC)**
Ms. Mazal Renford, MCTC director
- 10:15 Coffee break
- 10:30 **Getting Acquainted Session**
Ms. Hava Karrie, Deputy Director, MCTC
Ms. Ayellet Packin, Course Coordinator, MCTC
- 12:30 **Official Opening and Festive Lunch**
- 14:00 **Leave for bus tour of Haifa**
- 17:00 **Opening Lecture and Discussion**
UNECE – Chief of Population Unit
- 19:00 **Dinner at MCTC**

MONDAY, FEBRUARY 21ST

- 8:30 **Lecture and Discussion**
"Some Principles of Geriatrics: Medical and psycho-social aspects
of ageing"
Dr. David Kohen, Gerontology Expert
- 10:15 **Coffee Break**
- 10:30 cont.
- 12:30 **Lunch**
- 14:00 **Lecture and Discussion**
"Social Policy and Legislation – European Center for Social Policy"
UNECE expert, Population Unit
- 15:45 **Coffee Break**

16:00 cont.
19:00 **Dinner at MCTC**

TUESDAY, FEBRUARY 22ND

8:30 **Lecture and Discussion**
"Geriatric Health Care to the Elderly in Israel"
Dr. Jenny Brodsky, Brookdale Institute, JDC

10:15 **Coffee Break**

10:30 **Lecture and Discussion**
"Long Term Care Strategies in Industrial and Developing Countries"
Dr. Jenny Brodsky, Brookdale Institute, JDC

12:30 **Lunch**

14:00 **Presentations by Participants**
Case studies related to long term care strategies

15:15 **Coffee Break**

15:30 cont.

19:00 **Dinner at MCTC**

WEDNESDAY, FEBRUARY 23RD

8:30 **Leave for study visit**
Flieman Rehabilitation Hospital, Haifa
Participants will tour facilities and meet with the director to discuss rehabilitation of elderly, challenges and success

11:00 **Lecture and Discussion**
"Developing, Designing and Managing Services for the Aged"
Prof. Ariela Lowenstein, Head of Geriatrics Department, University of Haifa

12:30 **Lunch**

14:00 **Lecture and Discussion**
"Continuum of Care of Seniors: The Role of the Professional and the Role of the Family in Long and Short Term Care"

15:15 **Coffee Break**

15:30 cont.

19:00 **Dinner at MCTC**

THURSDAY, FEBRUARY 24TH

7:30 **Leave for all day study tour in Jerusalem**

10:30 **Study Visit at Lifeline for the Aged**
A non-profit organization empowering and supporting over 300 elderly and disabled Jerusalem residents on a daily basis.

12:30 **Lunch at Yad Sarah**
Israel's largest volunteer organization for homecare support services.

13:30 **Study Visit at Yad Sarah**

- Tour the facilities of Yad Sarah including the Visitors' Center
- Meet with Yad Sarah's volunteers
- The Exhibition and the Guidance Resource Center and the Day Rehabilitation Center

19:00 **Return to MCTC for Dinner**

FRIDAY, FEBRUARY 25TH

8:30 **Lecture and Discussion**
"Intergenerational Relationships"
Prof. Ariela Lowenstein

10:15 **Coffee Break**

10:30 cont.

12:30 **Lunch**

14:00 **Work in Groups on Individual Proposals**

15:15 **Coffee Break**

15:30 cont.

19:00 **Dinner at MCTC**

SATURDAY, FEBRUARY 26TH – SUNDAY, FEBRUARY 27TH

Two day study tour and visit to historical sites

Saturday 26th

- 7:00** **Depart for all day study tour in Jerusalem**
Guided Tour of Historical, Cultural and Religious Sites in the Old City
- 19:00** Dinner and Overnight in Jerusalem

Sunday 27th

- 6:30** Breakfast at Hotel
- 7:30** **Leave for all day study visit**
- 8:00** **Lecture and Discussion**
"National Insurance Program for the Aged: Short Term and Long Term Care Benefits"
- 10:00** **Lecture and Discussion**
"Social Services for the Aged in Israel- Ministry of Social Welfare"
- 13:00** **Lunch at the Hebrew University, Giv'at Ram Campus**
- 14:30** **Visit Yad Vashem Holocaust Memorial**
- 21:00** **Return to MCTC for Dinner**

MONDAY, FEBRUARY 28TH

- 7:30** **Leave for all day study tour in Tel Aviv**
- 10:30** **Study Visit at Tel Hashomer Hospital**
Lecture and Discussion
"Eshel – The Association for Planning and Development for the Aged in Israel"
- 12:30** **Lunch in Tel Aviv**
- 14:00** **Study Visit at the Margolin Psycho-Geriatric Center at Ichilov Hospital**
- 19:00** **Return to MCTC for Dinner**

MARCH 2011

TUESDAY, MARCH 1ST

- 9:00** **Lecture and Discussion**
"Services for the Elderly in the City of Haifa"
- 10:30** **Coffee Break**
- 11:00** **Tour Local Projects**
- 13:00** **Lunch**
- 14:00** **Work in Groups on Individual Proposals**
- 19:00** **Dinner at MCTC**

WEDNESDAY, MARCH 2ND

- 9:00** **Leave for all-day study visit to local community**
- 10:00** **Study Visit – ESHEL Program**
ESHEL- The Association for the Planning and Development of
Services for the Aged in Israel
Tour:
- Sheltered housing for the aged
 - Day Care Center for the Aged
 - Health Promotion Project
- Lecture and Discussion**
"Social Services for the aged in a local Setting"
- 13:30** **Lunch at the Day-Care Center for the Aged**
- 14:30** **Q&A Session and Sharing Best Practices**
- 17:30** **Return to MCTC for Dinner**

THURSDAY, MARCH 3RD

- 8:00 **Presentation of Projects**
- 11:00 **Summary of Workshop**
Written and Oral Evaluation by Participants
- 12:00 **Closing Ceremonies and Distribution of Certificates**
- 13:00 **Festive Lunch**

FRIDAY, MARCH 4TH – PARTICIPANTS DEPART

Farewell – have a safe journey home!!!