

**AGEING – A CHALLENGE AND AN OPPORTUNITY FOR THE COUNTRIES OF
EASTERN EUROPE, CAUCASUS AND CENTRAL ASIA
TRAINING WORKSHOP**

Chisinau, 13-16 March 2007

**A participatory approach to MIPAA review and appraisal:
Background materials**

All the materials listed below are available free on the Internet.

A. PARTICIPATORY METHODS IN PRACTICE

Participatory research with older people: A sourcebook (2002) HelpAge International.

Drawing on the experience of HelpAge International's programmes and partners, this sourcebook provides comprehensive guidelines for older people's participation in planning, carrying out and using participatory policy oriented research.

To order a free copy or download free

www.helpage.org/resources/manuals and scroll down

Language: ENGLISH

PLA Notes International Institute for Environment and Development (IIED)

PLA Notes (Participatory Learning and Action) is the worlds leading series on PLA approaches and methods. An informal series published twice a year to enable people using participatory methods from around the world to share their experiences, methodological innovations and reflections.

Back copies available free on line

www.iied.org home page has list of LINKS on right hand side, click on Participatory Learning and Action

Language: ENGLISH (some issues available in other languages)

Learning for social change: exploring concepts of method and practice (2006) Eds. Taylor, Deak, Pettit & Vogel. IDS

Institute of Development Studies (IDS), Participation, Power and Social Change Team, Sussex University, UK

Download free

www.ids.ac.uk/ids/particip/information/recentpubkn.html

Language: ENGLISH

Poverty unperceived: traps, biases and agenda (2006) Robert Chambers, IDS

Download free

www.ids.ac.uk/ids/particip/information/recentpubkn.html

Language: ENGLISH

Pathways to participation: critical reflections (2002) Cornwall & Pratt, IDS

Download free

www.ids.ac.uk/ids/participation/information/recentpubkn.html

Language: ENGLISH

Building effective states: taking a citizen's perspective (2006)

Download free

www.ids.ac.uk/ids/participation/information/recentpubpov.html

Language: ENGLISH

B. ENGAGING OLDER PEOPLE IN ADVOCACY AND POLICY DEVELOPMENT IN EAST AND CENTRAL EUROPE

Advocacy with older people: Some practical suggestions (re-issue 2007) HelpAge International.

Aims to help organizations explore ways of awareness raising and advocacy with older people. It examines how to involve disadvantaged older people, how policies affect them, coalition-building and networks.

To order a free hard copy or download free

www.helpage.org/resources/manuals and scroll down

Language: ENGLISH

Guidebook for developing and supporting older persons' organisations (2006) HelpAge International.

Based on experience from Moldova. Chapter Four provides information on resource development, dissemination, lobbying and advocacy.

To order a free copy or download free

www.helpage.org/resources/manuals and scroll down

Language: ENGLISH, RUSSIAN

Achieving a better quality of life for older people through local and national action and regional cooperation (2005) HelpAge International

The rapid social, economic and political transition that occurred in South East Europe following the end of conflict in 1995 has left many older people highly

vulnerable. This report details activities of a project to strengthen civil society and improve older persons' quality of life.

To order a free copy or download free

www.helpage.org/resources/researchreports and scroll down

Language: ENGLISH

Also available in ALBANIAN, BOSNIAN, CROATION & SERBIAN by email info.hai@siol.com

A generation in transition: Older people's situation and civil society response in East and central Europe (2002) HelpAge International

Draws on consultations with older people in East and Central Europe.

To order a free copy or download free

www.helpage.org/resources/policyreports and scroll down

Language: ENGLISH

Building a better future: Older people in Serbia (2001) HelpAge International

A snapshot of key issues affecting older Serbs, highlighting their situation as citizens, refugees and displaced people and providing practical suggestions for action.

To order a free copy or download free

www.helpage.org/resources/policyreports and scroll down

Language: ENGLISH & SERBIAN

Making our voices heard: Older people and decision making in Eastern and Central Europe (2002) HelpAge international

Experience from Bosnia-Herzegovina, Croatia, Estonia, Macedonia, Moldova, Romania and Ukraine. Contains a directory of further resources and NGOs in these countries at the end.

To order a hard copy or download free

www.helpage.org/resources/policyreports and scroll down

Language: ENGLISH

Kyrgyzstan newsletter (2004-present) HelpAge International

Contains results of consultations with older people, information on seminars and round tables in Balykchy, Osh and Bishkek and experiences of older people in Macedonia and Moldova. Includes contacts of older people's organizations.

To download free

www.helpage.org/resources/regionalnewsletters/Kyrgyzstannewsletter

Language: ENGLISH

Moldova newsletter (2005-06) HelpAge International

Latest news from a southern Moldova project to develop the capacity of older people's organisations in rural areas. To download free

www.helpage.org/resources/regionalnewsletters/Moldovanewsletter

Language: ENGLISH

Ageways (Regular publication) HelpAge International

Practical information and good practice on ageing and development. Published twice a years for older people's groups, project staff, and carers. To sign up receive free copies or down load free issues

www.helpage.org/resources/regularpublications/Ageways

Language: ENGLISH, SPANISH

Ageing and Development (Regular publication) HelpAge International

News and analysis highlighting ageing as a mainstream development issue. Published twice a years for policy makers, programme developers and researchers concerned with development and poverty reduction. **Issue 12 provides information about the MIPAA**, how it can make a difference and the people behind the plan.

www.helpage.org/resources/regularpublications/ageinganddevelopment

Language: ENGLISH, SPANISH

C. KEY WEBSITES

www.helpage.org

HelpAge International

Look at top bar on the home page and click on Resources. Also click on Worldwide and Eastern and Central Europe section for information from the region. Home page click on MIPAA for up date on progress on monitoring.

www.ids.ac.uk

Institute of Development Studies, Sussex University, UK

Look at the top bar on the home page and click on Research teams

Click on Participation, Power and Social Change

There are lists of resources, many of which are free to download

www.iied.org

International Institute for Environment and Development

This site hosts the Participatory Learning and Action series. Home page, go to Links section on right hand side and click on Participatory Learning and Action. Back copies are free to download.